

[WHEN BLOOD PRESSURE IS HIGH](#)



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Blood Pressure What is high blood pressure

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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High Blood Pressure National Heart Lung and Blood

To diagnose high blood pressure, your doctor will take two or more readings at separate medical appointments. Learn more about screening for high blood pressure, including how to prepare. Your doctor may diagnose you with high blood pressure when you have consistent systolic readings of 140 mm Hg or higher or diastolic readings of 90 mm Hg or higher.

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High Blood Pressure Hypertension MedicineNet

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

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High Blood Pressure Symptoms Emergency Symptoms

High blood pressure is also a risk factor for stroke, heart attack, and other cardiovascular problems. High blood pressure is generally a chronic condition. There are two major categories of high blood pressure: secondary hypertension and primary hypertension. Most people have primary hypertension, otherwise known as essential hypertension.

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Why is My Blood Pressure Higher in the Morning November

Throughout the day, blood pressure can vary depending on physical activity, what foods you eat and emotional stress. For some people unfortunately, their

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high blood pressure WebMD

Keeping track of blood pressure at home is important for many people, especially if you have high blood pressure. This helps you and your doctor find out if your treatment is working. Your doctor may also suggest that you check your pressure at home if she thinks you may have "white coat hypertension." It's a real condition.

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High blood pressure hypertension NHS

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes. More than 1 in 4 adults in the UK have high blood pressure, although many won't realise it.

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High Blood Pressure Symptoms Signs Causes Diet

Understand about high blood pressure (hypertension) causes such as heart disease, kidney disease, tumors, birth control, alcohol, thyroid dysfunction and

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